

### 1. Start Off With What You Know

Understanding what your child knows and what you know about AI creates a strong foundation for learning about AI together and maintaining an open and honest dialogue on the topic. The [AI Literacy Toolkit](#) from Common Sense Media shares conversation cards and other resources for you to begin talking about AI in your home language. You can start by answering the following questions together:



- How would you describe AI?
- What are examples of AI tools that are out there?
- What AI tools are you using? How do you use it?
- How has AI helped you?
- What concerns you about AI?

### 2. Brainstorm "How is AI Used?"

Have a conversation with your child on their current interests (that is, soccer, art or animals). Together, jot down how you think AI is used in that area, or if at all. Follow it up with an internet search on how AI is used in the area. What careers are involved in that area of interest? Do any of the careers sound interesting to your child? Are there other ways you can think of, together, where AI can be used in their field of interest?

### 3. Create a Pros List

Together with your child, generate a list of all the positive things you think AI does or helps with. Do some follow up research. Are all the items you listed really true? How do you check to make sure that what you believe is accurate? Who can you turn to for helpful advice? Common Sense Media's [5 Tips for Talking to Your Kids About Generative AI](#) is a great starting point for brainstorming the pros and cons of AI. For some ideas about how your teen might benefit from AI tools, watch the podcast [Raising Kids in the Age of AI: A journey into the classroom](#).

### 4. Create a Cons List

Just like with the pro list, together with your child, generate a list of all the things you think AI does that's harmful. Do some follow up research to confirm what you wrote down. Are all the items you listed true? How do you check to make sure that what you believe is accurate? Where do you turn for accurate information? Visit Common Sense Media for their [AI Risk Assessments](#) safety rating on popular AI tools.



### 5. Fact vs. Fiction

It's important to recognize that we are all learning AI together. Share with your child that AI is new territory, just like any new innovation. Select an AI tool to explore with your child, like Google Gemini. Practice with your teen on how to effectively use and discern AI by:

- Training the AI tool to do the task you're asking in a way that's helpful for you.
- Understanding the concepts you're having it do. When you know what you're asking it, you can fact check to make sure it's accurate.
- Questioning the results. Does it make sense?
- Visit Common Sense Media's resources on [tips for discussing AI ethics](#).